

UNITY DAILY WORD

A Page of Sunshine for Every Day



Revealing the way to
HEALTH, HAPPINESS and PLENTY

5¢
A Copy

September, 1937

\$1.00
A Year

AFFIRMATIONS

USED BY
SOCIETY OF SILENT UNITY

August 20 to September 19

I now fully realize that I am the image and likeness of Thy wisdom and understanding.

★

I see myself as God sees me, perfect in mind and body.

★

What I image in mind is molded in omnipresent substance, and I behold plenty for everybody.

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1937

VOLUME 27

NUMBER 3



Unity Daily Word

F. B. WHITNEY, EDITOR

A little companion that daily directs your steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

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Nonsectarian. Published monthly.

"I AM THE WAY, THE TRUTH, AND THE LIFE."

Without the way there is no going; without the truth there is no knowing; without the life there is no living.

I am the way which thou must follow; the truth which thou must believe; the life for which thou must hope.

I am the way inviolable, the truth infallible, and the life interminable.

I am the straightest way, the sovereign truth, the true life.

—The Following of Christ.

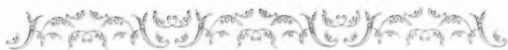
Editorial suggestions and comments may be addressed to the Editor of UNITY DAILY WORD, 917 Tracy Ave., Kansas City, Mo.

SEPTEMBER

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WHAT IS A DAY?

Ruth Yoland Shaw

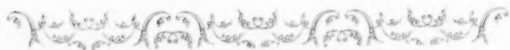
*A day is more
Than an interval
Between sunrise
And sunfall.*

*A day is life,
Pulsing, flowing
In me, through me,
As conscious knowing.*

*A day is the now
For omnipotent good
To heal the ills
Of humanhood.*

*A day is a mile
On the way to heaven
If in my thoughts
Love is the leaven.*

*A day is a height
Of glory divine
If I but let
The Christ light shine.*



The Magic Wand

MANY OF US recall, almost as if it were in some past existence, that in the days of our childhood we believed in a magic wand. We believed that some power of good fortune was able to overshadow us or pass its hand over us and turn any adversity into bountiful good. But childhood with its good-luck charms, its special ways of making wishes come true, is replaced by what appears to be a stark, grim, matter-of-fact world in which all such charms and ways are of little use.

Years later a strange new influence may come into our life. We see the magic of good being wrought in the lives of those about us. We see wrecked lives salvaged, lifelong diseases disappear, persons subject to seeming ill luck becoming endowed with good fortune. Some magic wand? We begin to think in terms of miracles, answered prayer. We feel that after all there is some real and substantial force with which others have come in contact and by which they have been healed, regenerated, and prospered.

The knowledge of Truth, the consciousness of our oneness with God and His abiding presence, the realization that we are in heaven right here

and now is magic working. If we have been in the darkness of despair, disease, and deprivation, this knowledge comes as the dawning of a new day. Something within us tells us that a wand of magic has passed over us. We feel the presence of God as something smiling at us, loving us, caring for us.

Today a magic wand passes over you. To receive its blessing of good but one thing is required of you. You must keep your mind and heart free from all adverse belief; attuned to love and faith in God. Is this asking much of you? The magic wand is passed. Do you desire increased health? It is yours. Do you ask for a better or more prosperous position? It is yours for the asking. Do you want a more harmonious home or environment? This too is yours.

God's wand of love is passed over you today. It is His loving gesture of affection and care for you. He lovingly takes from you every adverse and unholy thought if you will but yield it. In its stead He gives you of Himself. He comes to you in the guise and form by which your prayer can best be answered and you can best be served.

If you but keep in the consciousness of the moving of God's magic wand, you are assured of

a continual flow of His richest blessings. On the contrary, if you were to believe in some power of evil, you would prove yourself disloyal to the omnipotence of God. You would cause yourself to be deprived of His blessings of good.

The materialist is one who does not believe in the magic of good. Since he does not believe in it himself, he thinks that it does not exist for any one else. He believes that only by the sweat of his brow can he obtain any compensation. He thinks of Christianity as superstition. However even in his doubt he is on the way to better things. Some of the most confirmed doubters of yesterday are the strongest advocates of God and Truth today. In some moment when they relaxed from doubt the magic wand passed over them and they came to believe.

Each new day comes to bring you a new experience. Will it be one of good, one of decided blessing? You alone can say, since the experience of the day is in your own keeping.

If this humble message has brought you a new viewpoint, has increased your faith, then the magic wand has moved over your consciousness. The magic wand moves in many a mysterious way. It moves but to serve, to love, and to bless.



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Now Are We the Sons of God

Ernest C. Wilson, D. D.

Dear Friend! One of great vision said, "Now are we the sons of God, and it doth not yet appear what we shall be." Even yet it does not appear to most of us what we shall be, because as a rule our vision has not even yet caught up with the assurance of what we *are*: the sons of God.

As we realize this sublime and inspiring truth we open the way for its manifestation. As we say, "Now am I the son of God," we are calling upon long unrecognized forces and faculties to respond. They hear their name, and they manifest the attributes of sonship.

Let me say it for you: "Now are you the son of God!"

Listen!

Now, *now*, are you the son of God.

Can you not feel an inward response to that proclamation? Does it not wipe out many condemnations and censures and reproaches? Does it not call you to the fulfillment of hopes and dreams deferred? Does it not remove burdens from your shoulders? Yes! For there is that within you which knows and feels and responds to these words, not because of me but because what I say to you is Truth; and "ye shall know the truth, and the truth

shall make you free."

The knowledge of God and of your sonship shall fill your life with joy and thanksgiving, as the waters fill the seas. You are the son of a mighty King, mightiest of the mighty, and you shall wear the raiment of your sovereignty as befits a royal prince. You shall be clothed in peace and poise and beauty. You shall wear the crown of acceptance and wield the scepter of righteous power. You shall walk in the uprightness of your integrity, bringing blessings and bounties and peace to all about you.

All this you shall do and be, because this is the truth of your being, more ancient than any earthly heritage, more honorable than any gift or power bestowed on man by men.

Your body is the holy temple of God, pure, clean, beautiful, spiritual, incorruptible. The glory of the Lord fills His temple, and as sunrise dispels darkness, so His radiance dispels all that is unlike His pure presence of being.

Your mind is one with His mind of infinite ideas, infinite richness, infinite possibilities and inspirations. You think God's thoughts after Him. You are fair and impartial, guileless and wise, discerning and discriminating. You consider all

things in wisdom, love, and good judgment, and your thought is dominated by unselfish service.

Your soul is one with the accumulated wisdom of all that you have learned and experienced in the past, which rises into the present as intuitive feeling and responsiveness to present needs and present opportunities. It brings warmth and feeling, tolerance and forbearance, understanding and kindness into all your human contacts.

Your spirit is one with His Holy Spirit. You are holy in His holy sight, and wholly one with His holy purposes. Your spiritual identity is in Him, and from His Spirit within you you are enabled to say with Jesus Christ understandingly, "I am."

All this you are and are destined to express not in ideal and dream and aspiration alone, but in actuality. This is your divine inheritance. Your security for fulfillment of this inheritance is not primarily in man or the world but in Him who gave it to you "in the beginning." Your heritage is pure, holy, incorruptible, and it is from everlasting to everlasting.

As you remember with increasing clearness, you know also that God never ceases to urge and inspire you, to guide, direct, and prosper you, to

heal and bless and comfort you, to love and cherish you, world without end. In responsive love you shall serve and cherish and praise Him, and be steadfastly faithful to Him. So shall you become that which in Truth you eternally are, and I am.

Presentation

Ernest C. Wilson, author of "Now Are We the Sons of God," and whose photograph is presented therewith, is the author of a number of Unity books, among which are *The Sunlit Way*, *Have We Lived Before?*, *Master Class Lessons*, *The Contemplation of Christ*, *The Song of Life*, *The Origin and Growth of the Unity Movement*. He is editor in chief of the Unity publications and editor of *Progress*.

He has the degree of doctor of divinity, is speaker for the Unity Society in Kansas City, and is the teacher of Unity's Master Class course.

He is the "Friendly Voice" on station KXBY and is often heard on other broadcast programs.

Doctor Wilson is an international traveler and lecturer, well known as Unity's ambassador of good will.

The I AM in Ascendancy *A Meditation*

NOW as I meditate upon the words "I AM," I realize that there is within me a presence that rises above all limitation and bondage. I know that the I AM in me is the divine something by which I realize that God is actually present within me, that He is, that He lives, that He abides within me as my constant inspiration.

When I say "I AM" I but speak the name by which God in the midst of me is known to my soul, to my inner consciousness. I feel that God has spoken to me and said, "Here I am." I realize, when I believe that evil can be present in my life, that God in the midst of me says, "I in My omnipotence alone am that which lives within you." Thus I come to know that all that is, all that has existence and being in Truth, all that is omnipotent and omnipresent, is God. God is and I am.

I ascend into the high consciousness where Truth alone prevails. I realize that God, the good, is the only presence and power in the world of Truth. Realizing this, I know that my I AM is in ascendancy over things of the world. Nothing material, physical, or sordid can bind, limit, or depress me. I ascend into the consciousness wherein

the I AM within me, the Spirit of God in my midst, ever triumphs and overcomes.

I aspire, arise, ascend! Nothing in all this world can keep me from going forward and upward. Neither person nor thing nor circumstance can keep me from realizing that I have within me the presence and power of God. As God declares, "I AM," I realize that I too live in Him. My I AM is centered in God. In Him I live and move and have my being. In me He lives as my constant inspiration, moves me as my guide and director, prompts me to know that His being is from eternity to eternity.

I ascend in consciousness above all belief in darkness and ignorance. The I AM within me is my light and understanding. I am now in the process of being filled with the light of God. I am light. I am the wisdom of God becoming tangible to my inner consciousness.

I rise in thought to the realization wherein I know the love of God. I am God's love manifested for my every human need. I am love. I lovingly ascend above all hate and fear, all personal animosity. I transmute every unloving thought, word, or deed into love. God is love, and I too love.

I ascend above all fear. God within me says, "I am fearless and courageous," and I too am filled with courage. Through my courage I ascend above all that has appeared to be frightening. I am fearless.

The Spirit of justice within me now declares justice for me. God is justice and I, His child, am one with all that is right and just. Nothing unjust can affect or touch God or me. Justice prevails in my world. I am now ascending above all appearance of injustice. I am just toward all persons and toward all living things.

I am joyful. I ascend above all belief that persons or things can cast me down or deprive me of joy. The Spirit of God within me ever rejoices, and I too am joyful. I rejoice because I know Truth. Best of all, my joy comes from my confidently knowing that God lives in the midst of me.

I am healthy, alive, and strong. I ascend above all thought that disease has any presence or power in my mind or in my body. God in the midst of me is my health and I am whole, well, and strong.

I am good fortune. The Spirit of God within me quickens me to realize that I am free from all belief in ill luck, lack, and failure.

Wednesday

SEPTEMBER 1

IN TURNING TO THE HEART OF MY BEING I
FIND PERFECT PEACE.

WHEN things in the world about us seem to disturb us, when inharmony appears in our world, we have but to turn to the peace of Spirit within us. We find this at the very center of our being. Persons and things of the world about us cannot take our peace from us when we realize that it is centered in God.

You will not find peace in the world about you. You must find it through spiritual consciousness. The center of your peace is at the very heart of your being where dwells the Spirit of God. From this center you direct your life and the world about you to bring these into conformity with your indwelling peace.

Inharmonious conditions can be transformed only through the peace of Spirit. We become peaceful when we realize that the all-pervading peace of Spirit fills our life to completion. Nothing but the peace of God can have place in our world when our whole thought is upon God.

✿ *He is our peace, who made both one, and brake down the middle wall of partition.—EPH. 2:14.*

Thursday

SEPTEMBER 2

I HAVE FAITH THAT GOD IN THE MIDST OF
ME IS NOW BRINGING GOOD TO PASS.

WE USUALLY exercise faith in order to rise out of all belief in evil and to know that God is at work bringing good into manifestation in our life. Our faith in His goodness increases as we cease to believe in any so-called power of evil. We find that as we withdraw belief in something adverse to God our faith in Him is developed and increased.

In order to have perfect faith in God we need to get rid of all belief in anything adverse to God. We cannot believe in evil and at the same time have perfect faith in God. We cannot believe in disease and have faith that God will give us health. The thought given to belief in adversity but detracts from faith in God.

Would you see good come to pass in your life? Would you be free from all adversity? Increase your belief in God. Have perfect faith in Him. Do not allow your faith to waver. Think only of the goodness of God.

✱ *Your faith should not stand in the wisdom of men, but in the power of God.—I COR. 2:5.*

Friday

SEPTEMBER 3

THE LOVE OF GOD AT THE HEART OF MY
BEING IS MIGHTY TO FREE ME FROM EVERY
UNLOVING SITUATION.

THE PURPOSE of God's love is to set us free from all that is unloving. We cannot entertain an unloving thought when we understand God's love. We cannot be harmed by any unloving situation when our heart is filled with the love of God. We find that as we give our whole thought to Him nothing unloving can come into our experience.

The love of God is magical in its action. It is mighty to liberate us from all situations that are unloving in their nature. Love frees, heals, and blesses. When we find the love of God and make use of it, we are sure of having love expressed in all our ways.

If everything else has failed in solving your problem, try more love. Bring love to bear upon every phase of your life. Live a life of love, having dedicated yourself to God's love. Assure yourself of freedom from unloving thoughts.

✿ *The lovingkindness of Jehovah is from everlasting to everlasting.*—PSALMS 103:17.

Saturday

SEPTEMBER 4

IN THE STILLNESS OF THE PRESENCE OF
CHRIST WITHIN ME I FIND QUIETNESS AND
STILLNESS.

THE PERSON who has found the stillness of Christ at the heart of his being is able to discover his own stillness. He finds that things of the world cannot disturb him when his soul is filled with stillness. He discovers that through this stillness he is able to find power to command his world.

Do you practice the silence regularly? Do you have some time every day in which to turn away from the noise and confusion of the world and meditate upon the presence and stillness of Christ within you? Silent prayer is the means we have in a busy world of turning from discordant conditions and identifying ourselves with God and His power.

Many persons begin the day with an early morning period of prayer. They find that by this means they dedicate themselves and the day to God.

✿ *Enter thou into thy chambers, and shut thy doors about thee: hide thyself for a little moment.*—ISA. 26:20.

Sunday

SEPTEMBER 5

I AM PATIENT IN ALL SITUATIONS, BECAUSE I KNOW THAT THE SPIRIT OF GOD IS WORKING IN ALL THINGS FOR MY HIGHEST GOOD.

DO YOU have difficulty in being patient? Do you sometimes feel that things of the world are moving swiftly to conspire against you and God? Can you easily think of things as working together through the power of God for your best good? Can you be patient even when according to appearances things would seem to be against you?

The individual who has learned the lesson of patience is patient through all situations. He does not lose sight of God in time of trial. He patiently endures through all experiences.

Adverse experiences often but hide the fact that some great good is being wrought for us. We need to look for the hand of God and see it at work for us, always being true to Him and knowing that He is true to us.

Increase your patience in grave situations by being patient in less important ones. Develop the quality of patience.

✿ *Let patience have its perfect work.*—JAMES 1:4.

Monday

SEPTEMBER 6

GOD, DIVINE LAW, THE PRINCIPLE OF TRUTH,
IS EVER OPERATING IN MY LIFE AS THE LAW
AND PRINCIPLE OF MY HIGHEST GOOD.

HAVE YOU thought of God as the principle upon which your very life is founded? Have you taken God as the law of your existence against which no so-called adverse law can prevail? In Truth no law of adversity can prevail against you. In Truth there is only God, only the law of good.

The law of God is the law of your wisdom, peace, joy, love, health, and success. You can see that if you accept God and His law you are assured of many blessings. Your life being based upon His law of good, it is certain to be filled with blessings of good.

The law of God becomes to you the law that relates you to whatever you seek and need.

The principle of Truth now at work in your life is the principle by which you know that you can depend upon God at all times to bring into your life whatever is needed for full-rounded expression.

♣ *Walk in the law of Jehovah.*—PSALMS 119:1.

Tuesday

SEPTEMBER 7

THE SPIRIT OF WISDOM NOW REVEALS TO ME THE WAY THAT I AM TO TAKE THIS DAY, AND I GO THE WAY OF PEACE AND SUCCESS.

YOU DISCOVER the way that the Spirit of wisdom has in store for you when you direct your thought to God. You discover that this is the way that leads to harmony, joy, love, freedom, strength, and prosperity. You come to know that in the sight of God there is no other way.

You do not have to go the way of deprivation in order to be a Christian. The way of Truth is the way of Christian blessings. All that God possesses is yours to use and to enjoy when you go His way. The path that opens before you leads only to your highest good.

When you enter spiritual consciousness, the way of Spirit is revealed to you. You go forth in a spiritual path leading to whatever blessing you desire. You find that the Spirit of blessing has led you into the very good that you need to fulfill your heart's desire. Realize today that the path of Spirit opens before you.

✿ *He shall prepare the way before me.*—MAL. 3:1.

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Wednesday

SEPTEMBER 8

I AM NO LONGER ANXIOUS. I TRUST GOD IN ALL THINGS.

ANXIETY shows a lack of trust in God. When we are anxious, we show that we need to increase in our trust of Him. We need to think less in terms of worry and more in terms of trust. The anxious person shows very plainly that he has lost sight of God.

To be free from anxiety a person needs to get rid of all belief that other persons and things in his world can give him worry. He needs to see that external things have no power over his own inner life. He cannot rid himself of worry so long as he believes that they do.

Rejoice this day that you know the truth that frees you from worry. Rejoice that things of the world cannot burden you, that they neither make you happy nor make you sad. Rejoice that your freedom from worry dates from this day.

Go forth today knowing that you will worry no more. Keep your thought centered upon God in the midst of you.

✿ *Casting all your anxiety upon him, because he careth for you.—I PET. 5:7.*

Thursday

SEPTEMBER 9

THE PROTECTING PRESENCE OF GOD EVER INFOLDS ME, AND I AM FREE FROM ALL HARM.

PROTECTION comes from the knowledge that we are infolded in the presence of God and that no harm can come to us. We are protected by our knowledge that in God's world there is no danger. In His presence there can be no evil thing.

The consciousness of protection frees us from all negative thought. Nothing adverse can reach us when we abide in the realization of protection. Nothing can come nigh us except to bless us when we realize that God lives within us and we live in Him.

Those who believe in danger and constantly fear it find that danger becomes something quite real to them. They discover that through their belief in danger they cause it to appear. Through thinking of it they bring it into their life as something to be experienced.

In the consciousness of protection you know that there is nothing that can harm you.

♣ *Under his wings shalt thou take refuge.*—PSALMS 91:4.

Friday

SEPTEMBER 10

THE GOODNESS OF GOD NOW PREVAILS IN MY LIFE AS OMNIPRESENT GOOD IN WHICH THERE IS NO PLACE FOR EVIL.

IF YOU are inclined to think a great deal about evil, if you think of it as something that exists in your world, you need to know the truth about it. You need to realize that in God's world of omnipresent good there is no room for what you have thought of as evil. You need to see that God's world is one of omnipresent good.

To meditate upon evil will cause evil to appear. You will find that it replaces the good in your life if you lose sight of good. Conversely, meditation upon God and good will bring you into a consciousness of good so that you will realize that there can be no place in your life for anything evil.

Evil is that which man imagines as the opposite of good. He thinks in terms of opposites and evil appears. If instead he were always thinking Truth, he would be assured of naught but good. Thinking of God only, he would find only good in his experiences.

✿ *Hold fast that which is good.*—I THESS. 5:21.



Divine Grace

God's mind is crystal clear; He
Errors or mistakes.
His eyes are so far-seeing
He makes for man
Has been perfected in the world
His house in order, confusion
The schedule of things;
No faulty mechanism says the
Or keeps the noon
Or dawn or night from coming
Invisible yet ever close at hand
To teach us ways
Of beauty and of plentiness
To bid us cease
Our anxious care, true our
From petty worries from pain
"God, in my life
I pray that I may see clear
The gracious harmony
The order Thy exact holds

in Order *Mc Crowell*

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Saturday

SEPTEMBER 11

EVERY THOUGHT OF MY MIND IS NOW
BROUGHT INTO CONFORMITY WITH THE
MIND OF GOD.

IN OUR study of Truth we are taught to discipline our thinking, to make our thoughts conform with the mind of Truth. We take the mind of God as our standard and seek to have our own mind measure up to it. We find by doing this that negative and adverse thoughts fall from us and are replaced by thoughts of God.

The mind of God is the composite of every good thought. When we enter spiritual consciousness, we become spiritually minded. We think thoughts of God-Mind. We see that adverse thoughts have no place in the mind of God.

When you think contrary to God, you build up a state of consciousness called mortal or carnal mind. In Truth there is only one Divine Mind, one spiritual consciousness. That which man thinks of as a mortal mind is but his own conception of what the opposite of God is. In Truth God knows no rival mind.

✿ *I of myself with the mind, indeed, serve the law of God.*—ROM. 7:25.

Sunday

SEPTEMBER 12

THE FEARLESSNESS OF DIVINE COURAGE EVER
FILLS MY HEART AND MAKES ME FEARLESS
AND COURAGEOUS.

THE COURAGEOUS person realizes that he has within him a presence, the Spirit of fearlessness, that no person or thing in the world about him can defeat. He realizes that his courage comes from something divine within him, something that cannot be challenged or conquered.

Many persons go through life in fear. They fear other persons, poverty, death, the future. Finally they succumb to that which they have feared. They are defeated by the very thought they should have mastered through an understanding of Truth. The fear that overwhelms them should have been mastered through their consciousness of courage.

When you are afraid, you show that you have centered your attention on persons and things in the world outside you instead of centering on the presence of God within you. Your attention must be withdrawn from things in the world and directed more closely to God within you.

✿ *Always of good courage.*—II COR. 5:6.

Monday

SEPTEMBER 13

THROUGH THE CONSCIOUSNESS OF THE LIFE
OF GOD WITHIN ME I AM CONSCIOUS THAT
MY LIFE IS ABUNDANT AND UNLIMITED.

LIFE, as some know it, may not be related to the presence of God, but we must come into the understanding that all life is centered in Him and is derived from the same source. Unless we have this conception our life will be limited in its scope. Unless we realize that life is of God and that we are inseparably identified with His life, we lack the consciousness of abundant life.

Think of God as ever abiding within you. Think of His presence as the assurance of your bountiful and unlimited life. Realize that you have within you a life that cannot be affected or limited by things and conditions of the world about you.

Would you have a greater measure of life? Then increase your consciousness of it. Think of your life as coming from God in the midst of you. Realize that nothing in all the world has power to limit or affect your life. Keep before you the truth that life is always bountiful.

• *The years of thy life shall be increased.*—PROV. 9:11.

Tuesday

SEPTEMBER 14

THE JUSTICE OF GOD IS NOW WORKING IN ME AND IN MY AFFAIRS, ESTABLISHING JUSTICE FOR ME IN ALL SITUATIONS.

JUSTICE comes from God. We turn away from all belief that other persons can deal unjustly with us. We realize that when our thought is centered upon the justice of God all persons must deal with us justly. Ridding our mind of all belief in injustice, we make way for justice to express itself in our life and affairs.

If you would be dealt with justly, you must deal justly with others. You must wipe out of mind all belief in injustice whether it is expressed toward you or through you. The thought of injustice must be transformed into faith in the justice of God.

Keep your mind free from all thought that others have power over you, that they can disturb your affairs, that they can deal unjustly with you. Give your thought to the truth that God ever prevails in your world as perfect justice. Naught but justice can prevail in your world.

♣ *There is no God else besides me, a just God and a Saviour.*—ISA. 45:21.

Wednesday

SEPTEMBER 15

UNIFIED WITH GOD IN THE MIDST OF ME, I
AM IDENTIFIED WITH EVERY BLESSING.

UNITY with God in the midst of us assures us of unity with whatever good we need and seek. We discover that in order to establish conscious unity with God we must free our mind from all belief that He can be separated from us. We find that in Truth there is no separation, no division: all is perfect unity.

Unity with health comes about through the belief that we are identified with the health of God. Unity with prosperity comes from knowing that we are one with God's abundance. Even as we have become separated from some blessing because of our belief in separation from it, so must we become unified with it through the knowledge of our oneness with it.

When we know that we are one with God, when we are conscious of His presence within us, we at the same time become conscious that we are unified with the good He has in store for us. Our loyalty to such a belief in unity with God is promptly rewarded by the good that we seek.

♣ *The Lord is with thee.*—LUKE 1:28.

Thursday

SEPTEMBER 16

THE TRUTH OF GOD NOW DAWNING UPON
MY CONSCIOUSNESS CAUSES ME TO SEE ALL
SITUATIONS FROM THE STANDPOINT OF
TRUTH.

REALIZING that the Truth of God can deliver us from adverse situations, we are prompt to know that it is uppermost in our thought. We are freed from misconceptions about life to the extent that we remain faithful to the Truth of God. Erroneous beliefs can be neutralized only by Truth.

The Truth of God is the philosophy and science of life by which we are able to understand the grand verities of life, beginning with a right understanding of our relation to God. Truth shows us ourselves and all things in their right relationship. Truth reveals itself to us in such a way that we see falsities as such.

We study Truth in order to arrive at the goal of seeing ourselves identified with the blessings of God. We see things from the standpoint of God, from the standpoint of His Truth, when Truth has been firmly established in our mind.

✿ *Speak unto me nothing but the truth in the name of Jehovah.*—I KINGS 22:16.

Friday

SEPTEMBER 17

THE FREEDOM OF CHRIST NOW ESTABLISHED
IN MY CONSCIOUSNESS SETS ME FREE FROM
ALL BELIEF IN BONDAGE.

FREEDOM comes to us when we have so cleared our thought that there no longer remains any belief in bondage. We cease to think of ourselves as bound to other persons, external things, and circumstances. We no longer believe that any of these can keep us from knowing the freedom of Christ.

Many persons are in bondage because they concentrate unconsciously upon bondage. Were they to give as much mind substance to thinking of their freedom, they would be free. They would find that nothing in all the world can bind them.

Jesus came with the Christ message of freedom to liberate mankind from its bondage to ignorance, evil, fear, disease, and lack. The message of Jesus is that of the voice of Christ now speaking to your heart, inspiring you to be free in all your ways. You are prompted to lay hold of your Christ-given freedom.

✿ *He that was called in the Lord being a bondservant, is the Lord's freedman.—I COR. 7:22.*

THE JOY OF CHRIST FILLS MY HEART AND I
REJOICE IN EVERY SITUATION.

HAPPINESS derives from the right mental reaction to situations in life. Were we to look to the situation itself as the source of our happiness or sorrow, we should find that it can give us neither of these. Our own reaction, our inner life, must be the source of whatever joy we are to experience.

Have you thought of your joy as coming from the presence of Christ within you? Have you realized that by reacting to situations in life—even though they may seem to be adverse—in the consciousness that Christ in you ever rejoices, you cause joy to be expressed in your life? Possibly you have wondered how some acquaintance could view from the standpoint of joy an experience that would have caused sorrow in your own life. Do you not see that it is the reaction that determines what an experience shall be?

Learn to be so poised within, so conscious of joy, that no experience can change your joy.

• *Whoso trusteth in Jehovah, happy is he.*—PROV. 16:20.

Sunday

SEPTEMBER 19

THE SUN OF ILLUMINATION NOW SHINES IN
MY CONSCIOUSNESS AND I AM ILLUMINED
AND INSPIRED.

UNDERSTANDING comes from the light of Truth shining in the consciousness and revealing to us things as they exist in God. Since the sun ever symbolizes light to us, we think of the sun of illumination shining in the consciousness as the light of Truth revealing the world to us as seen from the standpoint of Truth. This light is the source of our illumination and inspiration.

Turn to the presence of God within you, the presence of His revealing light, and see in it whatever understanding and wisdom you may need at this time. Know that all that you need to know is now revealed to you. No knowledge is withheld from you.

The light of God is the light that discloses to you your highest good. It shows you your choicest blessing. It reveals to you the good you especially need and desire. The light of God shining in your heart illumines you in all your ways.

☛ *Jehovah is a sun and a shield.*—PSALMS 84:11.

Affirmations

USED BY THE *Society of*
Silent Unity

SEPTEMBER 20 TO
OCTOBER 19

ILLUMINATION . . . *My spiritual discernment is quickened, and my eyes reflect the strength and clarity of Spirit.*



HEALING . . . *I am a tower of strength and stability in the realization that God is my health.*



PROSPERITY . . . *I am a tower of strength and stability in the realization that God is my unfailing resource.*



Monday

SEPTEMBER 20

THE HEALING PRESENCE OF GOD WITHIN ME
NOW BECOMES THE ACTUAL PRESENCE OF MY
OWN TANGIBLE HEALTH.

BY TURNING to the presence of God within you and knowing that it is healing to you, you come into the consciousness that God's presence is the very presence of your own health. You can see that as you meditate upon health you will come into an even greater consciousness of health.

There is no mystery about spiritual healing. Man clears his thought of all belief in disease and turns to his indwelling Spirit of health as the source of health. By this simple process healing results. He may have some difficulty in clearing his thought, in making himself receptive to healing, and in having faith. The healing process of itself is quite simple. The complication or difficulty arises in connection with man's work within himself.

Rely upon God to heal you. Think often of His presence within you as healing.

✿ *I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah.*—JER. 30:17.

Tuesday

SEPTEMBER 21

THE PROSPERING IDEAS OF GOD NOW FILL MY MIND, REPLACING ALL BELIEF IN LACK.

PROSPERITY comes to us by way of rich ideas. These form the bridge between us and our supply. They cause our good to be attracted to us. They help build up such a consciousness of abundance and blessings that there is no place in our mind or affairs for any semblance of lack.

In order to prosper we need to keep prosperity ideas in mind. We need to replace belief in lack with the truth about prosperity. When this is done, we have prosperity ideas working for us. Coming from God direct to us, they come supercharged with His power to make prosperity appear.

If you would be prosperous, discipline your thinking. Keep out of mind every idea that is opposed to prosperity. See that you make no concessions to lack. To become prosperous, you need to think in terms of prosperity. You need to think of yourself as prosperous under all circumstances.

* *Keep therefore the words of this covenant, and do them, that ye may prosper in all that ye do.—DEUT. 29:9.*

Wednesday

SEPTEMBER 22

CHRIST IN ME IS MY POWER AND AUTHORITY
TO CAST OUT ADVERSE CONDITIONS FROM
MY LIFE AND ESTABLISH BLESSINGS OF GOOD.

CAN YOU realize that the power of Christ is centered within you? Are you able to realize that the things of the world about you do not have power over you? You will come to see that in Truth the only power is that of Christ in the midst of you. You will find that as you meditate upon His power you become conscious that it is your own power, yours to use to His higher glory.

Can there be power in disease when all power is in Christ, life, and health? Can misfortune have power when Christ's power ever bestows blessings upon us? The power of Christ is that of God's omnipotence, shared with naught unlike God. This is the authority by which we heal disease, by which we exercise our God-given power.

Your power to heal increases as you give up all thought that disease has power and increase your faith in God.

☛ *With authority he commandeth even the unclean spirits, and they obey him.*—MARK 1:27.

Thursday

SEPTEMBER 23

I RELAX MENTALLY AND PHYSICALLY KNOWING THAT ALL MY AFFAIRS ARE BEING HANDLED BY GOD.

RELAX in the knowledge that God adjusts and manages all your affairs. Tension comes through the belief that things of the world are conspiring against you in some wise, that they will prove to be too much for God to handle, that God's coming to your rescue will be delayed. You can see that in order to relax you must get rid of tension-producing thoughts, you must get rid of all belief that things can affect you in any way.

Relax in the faith that all is well with your affairs. Relax knowing that God does take care of you in all that you undertake. Live in the realization that He is at this very moment bringing into manifestation some blessing that you have especially anticipated.

Let your mind and body be free from tension. Let muscle and nerve relax through your perfect trust in God. Feel that at this very moment God is inspiring you to give up all tension, worry, fear.

♣ *Unto God would I commit my cause.*—JOB 5:8.

Friday

SEPTEMBER 24

HEAVEN IS IN MY VERY MIDST AND MY
WORLD IS HEAVENLY IN ITS NATURE.

SOME PERSONS go through life entertaining the idea that heaven is far from them, that it cannot be attained through the consciousness of Truth and life, that it belongs to the future. By their mental attitude they bar themselves from heaven here and now.

We find heaven through the consciousness of heaven. When our thought is perfectly harmonized, we realize that it is heavenly. We find that the world about us has taken on the character of our heavenly thought. Finding heaven within us, we come to the realization that it is all about us too.

Would you live in heaven right at this present moment, right where you are? Find it in your consciousness. Discover the presence of heavenly thoughts in mind and through these find your heaven. No longer miss the joys of heavenly existence. Your environment will be of heaven, when you discover heaven in your midst.

✿ *I was not disobedient unto the heavenly vision.*
—ACTS 26:19.

Saturday

SEPTEMBER 25

AS I PRAY I REALIZE THAT I COMMUNE WITH
GOD, AND HE SUPPLIES MY EVERY NEED.

EVERY TIME you pray you draw closer to God and He draws nearer to you. Prayer is given us as the means whereby we are able to commune with God and as a result express in our life more of God. When we pray we make ourselves receptive to the blessings of God and in turn receive whatever of His good He has in store for us.

There are those who believe that they must hysterically beseech God when they pray. They seem to think that they reach God sooner by becoming desperate in their plea. They need to know that the best prayer is one made with calmness, assurance, and positiveness.

When you pray, do you realize that you are at one with God, that He is near to you, inseparably joined to you? Do you realize that your prayer must be positive and affirmative? Do you pray realizing that your answer does not depend upon God's being willing to be good to you but upon your willingness to receive bountifully from Him?

✿ *The prayer of faith shall save him.*—JAMES 5:15.

Sunday

SEPTEMBER 26

AS GOD'S TEMPLE MY BODY NOW SHOWS
FORTH HIS PRESENCE OF LIFE, HEALTH, AND
STRENGTH.

MAN'S BODY is the temple of the living God. As such it is filled with God's presence. This is the ideal. You measure up to this, you perceive your body as God's temple, to the extent that you keep contrary beliefs out of mind. You must not think of your body as the habitation of disease if you hope to realize that it is the temple of health.

The healthy body is one in which its possessor has outpictured healthy thoughts. He has kept disease thoughts out of mind, consequently disease no longer appears in his body. He realizes that this is God's temple and keeps it pure and holy.

The truth that your body is filled with God's presence must be so firmly fixed in mind that there is no place in it for any presence of disease. You must think of your body as expressing the very presence of life, health, and strength.

Rest today in the assurance that God's temple, your body, is free from all disease and impurity.

☛ *He spake of the temple of his body.*—JOHN 2:21.

Monday

SEPTEMBER 27

THE FORGIVING SPIRIT OF CHRIST ACTIVE IN ME PROMPTS ME TO BE FORGIVING WHEN OCCASION DEMANDS.

YOU WILL not have any difficulty in forgiving when you realize that there is within you that which forgives easily and thoroughly. You have within you the very Spirit of Christ. When you forgive you but let Christ forgive through you. You simply rise above personal feelings and let Christ do His forgiving work.

When it seems that another person has offended you, cease to turn the matter over and over in your mind. Just give it to the Spirit of Christ. Be forgiving. Let the Christ in you greet the Christ in him and you will have no difficulty in forgiving him.

You make yourself receptive to forgiveness when you keep out of mind every thought contrary to it. Christ forgives through you when you are an open channel for His forgiving work. You personally stand aside and witness His action.

Make this a day for forgiveness.

* *Whatsoever thou shalt loose on earth shall be loosed in heaven.*—MATT. 16:19.

Tuesday

SEPTEMBER 28

IN MY MIND'S EYE I BEHOLD THE GOODNESS
OF GOD NOW COMING FORTH INTO
VISIBILITY.

VISION plays a most important part in the life of the metaphysician. He early finds that his visualizing faculty may be exercised in bringing whatever he needs into his life. He finds that what he beholds in his mind's eye comes into his life and experience. We can see how necessary it is for him always to visualize good and to keep before his mind's eye only that which he would want to see brought into his life.

Those who visualize disaster in their life find that it appears. Their perceiving evil causes them to give thought to it, and as a result it comes into existence. Were they to give just as much thought to thinking of good and seeing it in the ideal, they would be likewise rewarded by having good appear.

Resolve to see only good henceforth. Keep in your mind's eye the picture that you would like to have objectified in your world. Visualize the goodness of God.

♣ *Open the blind eyes.—ISA. 42:7.*

Wednesday

SEPTEMBER 29

CHRIST IN ME IS THE PRESENCE OF GOD
WITHIN ME, MY CONSCIOUSNESS OF OM-
NIPOTENT GOOD.

CHRIST is the spiritual nature of man that became so evident in Jesus and is seen in every person whose thought is directed toward it. Man becomes Christlike when he gives his spiritual nature power over what may be called his lower nature, the material or physical side of his existence.

Christ in us brings us into close relations with all good. As we meditate upon our indwelling Spirit, we come to know the omnipresence of good and its omnipotence. It is for this reason that we find more of good in our life when we keep our thought upon Christ.

Christ in man is his peace, inspiration, joy, love, health, and substance. As his thought is turned to Christ, he comes to know every conceivable blessing. He finds that in Christ exists whatever he needs for a more abundant expression of life.

Christ ever seeks to occupy more and more of your life.

✱ *Christ in you, the hope of glory.*—COL. 1:27.

Thursday

SEPTEMBER 30

THERE IS THAT SPIRIT WITHIN ME WHICH
EVER LIFTS ME UP, EXALTING ME TO THE
PRESENCE OF GOD.

THROUGH His Spirit within us God causes us to feel lifted up even when persons, things, and experiences of the world would seem to cast us down. We feel within us something that exalts us even when the world about us appears to discourage and depress us.

Exaltation is experienced when we have risen above all belief that things can disturb us. We rise to the consciousness that the Spirit within us exalts us above things material.

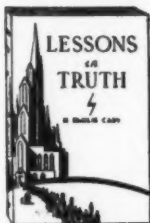
Would you be exalted above the situation that may be disturbing you today? Would you rise to those spiritual heights where guidance and power will be given you? Keep your thought off things. Turn to the Spirit. Feel that there is within you that which exalts you to the presence of God and firmly holds you there. Nothing in all this world can cast you down when you realize the mighty truth that the Spirit of God within you has lifted you up.

☛ *Arise, shine.*—ISA. 60:1.

September 13-19

These dates mark a period that can mean much to you—new spiritual awakening—new ideas—new inspiration—self-improvement. This is the time for the annual

"Lessons in Truth" Week



Unity students the world over take part in this week of study. The personnel at Unity headquarters, from Charles Fillmore to the newest worker, observe it also.

Will You Join Us?

There is no set method of study to follow. Choose the one that brings you the best results. Let your idea be both to give and to receive a blessing. If you do not have a copy of LESSONS IN TRUTH, you still have time to send for one. In cloth binding it is \$1; in flexible \$2.



Braille Copies to More Readers

In April, 1935, Unity Daily Word was first brought out in Braille, and now it is read by nineteen hundred blind persons. This is the only metaphysical magazine that is published in Braille, hence the demand for it is constantly growing. Each month it is sent free to blind persons who are familiar with grade 1½. All printing costs are met by love offerings, and Unity is grateful for every contribution to this work.

Keep Thinking About It

When Sir Isaac Newton was asked how he discovered the law of gravity, he replied:

"By always thinking about it."

His plan holds a lesson for Prosperity Bank users. Keep thinking about abundance instead of lack; thus you take the first step toward demonstrating prosperity.

■ The Prosperity Bank drill will help you to think and speak always in terms of plenty. Send for a Bank and use the daily prayer to develop a rich consciousness, which is the starting point of prosperity. Practice the drill for seven weeks, as you save a little each day for the purpose of sharing UNITY DAILY WORD with friends. Silent Unity will join you in prayer for your prosperity.

UNITY SCHOOL OF CHRISTIANITY, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank. I will save \$3 in it for a year's subscription for *Unity Daily Word* to be sent at once to each of these friends:

Friend's name

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Friend's name

Street

City and State

Friend's name

Street

City and State

My name

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Education is not to make scholars so much as to form men . . . —*Will Durant*

The importance of character development is being recognized more and more by educators of today, and WEE WISDOM magazine is helping to meet this need. Because its stories foster in boys and girls the traits that make for happy, upright living and good citizenship, WEE WISDOM has the indorsement of Parent-Teacher organizations, and is being used in many classrooms.

Stimulating to a group of children, it is even more helpful to the individual child. See to it that your child has the help of WEE WISDOM during this school year. For \$1 it will come to him twelve months.



Health is Contagious

Men and women have long believed in the contagion of disease; they are just learning that health is contagious also. Read "Health Symptom," a chapter in F. B. Whitney's book *Open Doors*. Then resolve to shut out thoughts of disease, and begin to spread the glad tidings of good health. *Open Doors* is made up of inspirational articles and poems. A cloth-bound book, price \$1; in flexible binding, \$2.

IS THERE GOOD IN
YOUR WORLD?



That only which we have
within us can we
see without.

—Emerson.

